





**MICRO AND BABY LEAF**

	
<p><b>MIZUNA</b> Also known as 'Japanese/spider mustard', this piquant leaf looks a lot like rocket, and has a hot, dry aftertaste which adds a wonderful bite to salads, soups and stir fries. Try it on salmon for a change, or put a little in your sandwich for a little variety at...</p> <p><b>Price :</b></p>	<p><b>CORIANDER</b> Coriander leaves are always added at the end of cooking as high or prolonged heat reduces their flavor. The leaves and stalks can be used to flavor soups, salads, beans &amp; lamb curries. Mexicans combine coriander with green chillies, garlic and lime juice</p> <p><b>Price :</b></p>

	
<p><b>GREEN RADISH</b> These ruby white stems with their pale green leaves are incredibly attractive, and have a spicy, peppery tang that is hard to resist. A wonderful part of any salad or garnish, it will give even the most humble-looking dishes that Michelin star sheen which makes all...</p> <p><b>Price :</b></p>	<p><b>RED RADISH</b> One Radish sprout tastes just like one Radish. These ruby red stems with their pale red leaves are incredibly attractive, and have a spicy, peppery tang that is hard to resist. A wonderful part of any salad or garnish, it will give even the most humble-looking dishes...</p> <p><b>Price :</b></p>



**FISH MIX**

A great combination of red frills,mizuna,dill,red radish,green radish,pak choi,green mustard

Price:



**NASTURTIUM, VIOLA & BORAGE MIX FLOWER**

Gorgeous mix flowers in plastic container The nasturtium viola and borage flowers are edible and makes for a beautiful garnish on any meal.

Quantity:50 pieces

Price :



**PAK CHOI BABY LEAF**

Price :



**PEA SHOOTS**

Sweet, tender and fresh describes these wonderful pea shoots perfectly. The delicate micro herbs have a distinctive sweet pea flavor and are delicious in so many dishes. Top off a stir fry with them, add to salads and sandwiches, serve them alongside freshly grilled

Price :

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**RED CABBAGE SPROUT**

The red cabbage micro herb is thought to have the highest levels of vitamin C, K and E of all the micro greens and up to forty times that of the adult plant. It tastes just like red cabbage,

**Price :**



**RED MUSTARD FRILLS**

The red mustard frills have a striking red blushed appearance and an intense mustard taste. Try with cold beef dishes rather than horseradish or add to salads for a unique flavor.

**Price :**



**SUNFLOWER SPROUT**

**Price :**



**WATERCRESS**

Watercress is a pretty garnish an ingredient which has always been well known for its refreshing, peppery tang.

**Price :**



**RED VEINED SORREL**

Price :



**PEPPERMINT & MOROCCAN**

Price :



**JAPANESE MUSTARD BABY LEAF**

Baby leaves are ideal for juicing, pickling, or use in Asian dishes. Fresh and tasty leaf gives a sandwich an unexpected kick. Or prepare like traditional Southern greens.



**SEASONAL ORIENTAL SALAD MIX**

THIS IS SEASONAL MIX AND IT MAY VARY OF WATERCRESS, ROCKET, SPINACH, PAK CHOI, KOMATSUNA, MUSTARD GIANT, RED FRILLS,

Price :	MIZUNA, RADISH LEAF, RED CABBAGE, PEA SHOTS,  Quantity:100 gr Price :
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**OUR PRODUCTS ARE FRESH CUT AND WILL BE DISPATCHED IN DISPOSABLE 1000 CC PLASTIC CONTAINERS, PREWASHED**

**FOR MORE DETAILS PLEASE VISIT:**

[www.comfreycottage.ie](http://www.comfreycottage.ie)

**089 435 95 45**

## **PACKAGING**

